

# Child & Adult Care Food Program

## An Indicator of Quality Care

### WHAT is the CACFP



- A federal nutrition program that helps child care providers serve healthy meals and snacks
- Includes training, program support, and nutrition guidelines
- Providers receive monthly reimbursements
- The CACFP is administered by the Virginia Department of Health

### WHY participate in the CACFP



- Monthly reimbursements will help offset the cost of quality food
- Receive healthy menus, affordable and child-friendly recipes, and other nutrition resources
- CACFP training builds understanding about child nutrition best practices
- Families will know their children eat nutritious meals and snacks in child care

### HOW can I learn about the CACFP



Family Day Home providers must apply with a State-approved CACFP Sponsor Organization. Find local Sponsor Organizations at [www.vachildcarefoodprogram.org](http://www.vachildcarefoodprogram.org).

Centers may apply with a State-approved CACFP Sponsor Organization or directly with VDH. Contact VDH at 1-877-618-7282 or [CACFP@vdh.virginia.gov](mailto:CACFP@vdh.virginia.gov). Visit VDH CACFP at [www.vdh.virginia.gov/child-and-adult-care-food-program/](http://www.vdh.virginia.gov/child-and-adult-care-food-program/).

CACFP practices support Virginia's Physical Development and Health, Milestones of Child Development.



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